

The Cancer  
Screening  
Trust

CST

# Whole-body MRI Scan Information Pack



## WHY IS CANCER SCREENING IMPORTANT?

1 in 2 people in the UK, born after 1960, will be diagnosed with cancer in their lifetime.<sup>1</sup> Currently, half of these people are diagnosed after the cancer has spread.<sup>2</sup>

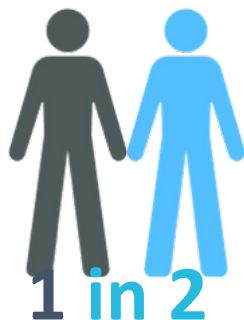
*Finding cancer early, before symptoms arise can significantly improve your chances of survival.*

## WHY WHOLE-BODY MRI SCAN ?

Numerous cancers currently **lack screening processes for early detection** and many cancers are asymptomatic until the tumour has grown and spread throughout the body.

**Whole-body MRI scan**, unlike invasive biopsy procedures can **detect cancer early before symptoms arise**. It looks for potential cancer and disease indicators as early as possible.

Consequently, this scan can help **avoid late-stage cancer diagnosis** which is paramount to reducing **cancer-related deaths** and improving patient outcomes **with less intensive and expensive treatments**.



<sup>1</sup>Cancer Research UK, 1 in 2 people in the UK will get cancer [Internet]; 2015, Feb 4, [cited 2022, Sep 25]

<sup>2</sup>Cancer Research UK, Cancer statistics for the UK [Internet]; [cited 2022, Sep 25]





Single scan for detecting multiple cancers



Peace of mind



No waiting lists & flexible appointment times



Non invasive & no radiation exposure



Can be used in conjunction with a blood test for maximum detection



An enquiry is made through our website [www.thecancerscreeningtrust.co.uk](http://www.thecancerscreeningtrust.co.uk) or by **calling us on 01935 725005**.



**Initial Consultation:** one of our team members will call you to find out more about your **family history, risk profile** and whether the Whole-body MRI Scan is suitable for you.



We will send an **information pack** to your email address which contains more information about the scan as well as a medical questionnaire to determine your **cancer risk profile**.



Once the **medical questionnaire is completed**, our clinical team will assess it and call you to discuss. Next, we will call you to arrange a **Whole-body MRI scan** at our central London clinic. Appointments can be arranged at **short notice**, sometimes as early as the **next day**.



Following your Whole-body MRI Scan, your results will be available approximately **2 days later**. We will call you with your results and send you a written report. You will then have a **consultation with our in-house doctor or oncologist** who will go through your results in more detail and answer any other health queries you may have.

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# FAQs

*Updated 1<sup>st</sup> January 2025*



We are a not-for-profit organisation set up to make Multi-Cancer Early Detection tests easy and affordable. We help you to take control of your long-term health plans by giving you as much relevant information as possible and constantly searching for the best novel technologies. We work on a case-by-case basis, ensuring each client has personalised care and a healthcare plan set in place based on what would be most effective for you.

## WHAT HAPPENS WHEN I BECOME A CLIENT OF THE CST?

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We make the process as simple and easy to use as possible. Once we have answered all your initial questions, we ask you to complete a full medical questionnaire. This will allow our clinical team to assess your medical and family history and cancer risk profile.

Upon completion, we will arrange an appointment at our Central London clinic. Our experienced MRI technicians will guide you through the procedure, ensuring you are comfortable throughout. The scan will provide a comprehensive overview of your body, covering areas such as the head, thorax, abdomen and pelvis. Once completed, the images will be sent to our specialist radiologists for analysis, and a detailed report will be generated. If necessary, a follow-up consultation with our in-house doctor will be arranged to discuss the results and any next steps.

## HOW LONG DO I STAY WITH THE PROGRAMME?

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We advise clients to have the Whole-body MRI scan every 3 years. You are under no obligation to repeat the process, but we keep in regular contact to remind you of the renewal dates and to help you with your health goals. We can offer help and advice on making lifestyle changes that reduce your risk of having cancer including an introduction to mindfulness and improving your sleep patterns.

## WHAT IS A WHOLE-BODY MRI SCAN?

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MRI (magnetic resonance imaging) is a type of scan that uses magnetism and radio waves to take images from inside your body at all angles. It is completely pain-free and requires no injections.

The CST Whole-body MRI includes the head, thorax, abdomen, and pelvis and takes approximately 1 hour to perform. You will be able to listen to music with special headphones for the duration of the scan. A full safety questionnaire will be undertaken prior to your attendance at the clinic to exclude any possible contra-indications.

## IS THE PROCESS SAFE?

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Yes. MRI scans have been used since the 1980s and are proven safe. An MRI scanner uses a very strong magnetic field and radio waves to produce images of the body. Unlike other medical imaging procedures such as CT (CAT scan) and X-ray, MRI does not use ionising radiation and there are no known long-term health risks.

## WHAT CONDITIONS CAN A WHOLE-BODY MRI SCAN DETECT?

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The Whole-body MRI scan detects cancer and other diseases in the head, thorax, abdomen and pelvis but NOT the breasts. It costs £1995 which includes the scan appointment, a written report of your results and a consultation with our in-house doctor. This service extends for the year, so if you had any other health concerns during that time, we could put you in touch with the doctor quickly.



**Brain/Head** - Based on the results, you may be found to have: brain tumours, aneurysms, infections, inflammations, or haemorrhage.



**Spine (Whole)** - The images will be used to diagnose any of the following conditions: fractures, vertebrae collapse, nerve compression, tumours, herniated discs and improper spine curvature.



**Abdomen** - Includes: kidneys, liver, spleen, biliary tract, pancreas, gallbladder, overview of the aorta, renal arteries and lymph nodes. The scan will show any damage that may indicate tumours in your organs, cirrhosis, and gallstones.



**Pelvis (Musculoskeletal)** - A pelvis MRI scan will show the inner structures of your: pelvic girdle, muscles and ligaments. You may be diagnosed with any of the following conditions: fractures, polyps, tumours, infections, and oosteoarthritis.

## WHEN WILL I GET MY RESULTS?



The Radiographer will review your images before they are sent to a doctor to report. We will be able to share your results with you approximately 2 days after your appointment.



## OneWelbeck

### About Welbeck Health Partners

We work in partnership with Welbeck Health Partners, a collaborative network of leading healthcare professionals from the UK and USA, dedicated to delivering high-quality, patient-centred care. Their flagship facility, OneWelbeck, brings together specialists across 18 disciplines in one state-of-the-art centre, designed to make the patient experience as seamless and supportive as possible.

### How to find OneWelbeck

OneWelbeck is conveniently located close to several major London underground stations, making it easily accessible from all central London destinations.

 **Bond Street**  
0.2 miles, 3 min walk

 **Oxford Circus**  
0.4 miles, 8 min walk

 **Baker Street**  
0.9 miles, 16 min walk



**OneWelbeck**  
1 Welbeck St  
London  
W1G 0AR