

The Cancer
Screening
Trust

CST

Faecal Immunochemical Test

Information Pack



WHY IS CANCER SCREENING IMPORTANT?

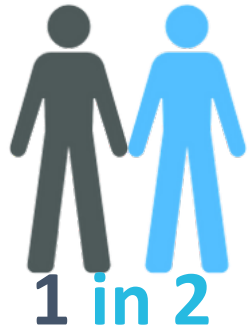
1 in 2 people in the UK, born after 1960, will be diagnosed with cancer in their lifetime.¹ Currently, half of these people are diagnosed after the cancer has spread.²

Finding cancer early, before symptoms arise can significantly improve your chances of survival.

WHAT IS THE FIT TEST?

The Faecal Immunochemical Test (FIT) is a simple, at-home stool test that [checks for hidden \(occult\) blood in your stool](#) — an early sign of bowel cancer or other gastrointestinal conditions.

The test is [non-invasive](#), easy to complete, and provides valuable insight into your gut health.



¹Cancer Research UK, 1 in 2 people in the UK will get cancer [Internet]; 2015, Feb 4, [cited 2022, Sep 25]

²Cancer Research UK, Cancer statistics for the UK [Internet]; [cited 2022, Sep 25]





An enquiry is made through our website www.thecancerscreeningtrust.co.uk or by **calling us on 01935 725005**.



Initial Consultation: one of our team members will call you to find out more about your **family history, risk profile** and whether the FIT is suitable for you.



We will send an **information pack** to your email address which contains more information about the FIT as well as a medical questionnaire to determine your **cancer risk profile**.



Once the **medical questionnaire is completed**, our clinical team will assess it and call you to discuss. Next, we will post your **FIT Kit** to your address. The test is simple to carry out yourself in the privacy of your own home.



Return your sample using the prepaid envelope to our laboratory. Results will be shared within approximately **10 working days**. We will call you with your results and send you a written report. If your results fall outside of the normal ranges, you will be offered a **consultation with our in-house doctor** who will go through your results in more detail and advise on any further investigations that may be appropriate.

The Cancer
Screening
Trust

CST

Faecal Immunochemical Test

FAQs



WHO SHOULD TAKE THE FIT?

You may want to consider taking the FIT if you are experiencing any of the following symptoms:

- A change in your normal bowel habits (such as looser stools, going more often, or constipation).
- Low levels of red blood cells (anemia).
- Unexplained weight loss.
- Abdominal discomfort or pain.

A GUIDE TO TAKING THE FIT

A FIT can be taken in the privacy of your own home. Samples can be taken at any time of day or night.

- 1) Complete the test request form included with your kit.
- 2) Generously line the toilet bowl with toilet paper and perform bowel motion.
- 3) Using the sample probe, gently scrape the outer surfaces of the stool, until the grooved end of the probe is covered.
- 4) Place the probe back into the test tube.
- 5) Secure the sample into the sample tube mailer. Seal the sample within the prepaid shipping envelope provided and post via Royal Mail Postal box.

WHEN WILL I GET MY RESULTS?

Results will be shared within approximately 10 working days.

We will call you with your results and send you a written report.

If your results fall outside of the normal ranges, you will be offered a consultation with our in-house doctor who will go through your results in more detail and advise on any further investigations that may be appropriate.

Your result will be quantitative, meaning you will see a number and an explanation of what this means.

- **Not detected: no blood detected**
- **<4:** below the lowest quantifiable level, but traces of blood detected.
- **4-9:** Blood detected and quantifiable but below the level considered abnormal by NICE guidelines.
- **10-200:** Patients with a result in this range require further investigation according to NICE guidelines.
- **>200:** Above the measurable range – further investigation required.

WHAT'S INCLUDED FOR £99:

- Full home FIT kit.
- Free tracked return postage.
- UK - accredited laboratory analysis.
- Results delivered by phone & written report.
- Follow up advice with our in house doctor if necessary.



A wonderful personalised service from professional people who care. Can highly recommend.

M.C



Fantastic service. Dan and Frank were so incredibly helpful and caring. Very reassuring service. Highly recommend.

S.J



Everybody should use this service. Cancer, as we all know, is a killer, but if it's caught early, it can be cured many times. Get checked out and save your life.

V.C



Absolutely wonderful company. So helpful and put your mind at ease.

R.S

CONTACT US:

Email: hello@thecancerscreeningtrust.co.uk
Telephone: 01935 725005



@cancerscreeningtrust



CancerScreeningTrust



The Cancer Screening Trust